



JOURNEY TO THE CROSS



Prayer and Fasting Guide

14TH - 18TH April 2025

Corporate prayer meetings every evening

8pm - 9pm



zoom

Meeting ID: 812 5550 9137

Passcode: 222222

DAY 1

ANOINTING OF OUR LORD AND SAVIOUR

Scriptures: Matthew 26: 6-13 | Mark 14:6 - 8

Reflection: In Matthew 26, we witness a woman approach Jesus with an alabaster jar of expensive perfume, pouring it on His head in an act of profound worship. When the disciples objected to the “waste,” Jesus defended and commended her, saying, ⁶ “Leave her alone,” said Jesus. “Why are you bothering her? She has done a beautiful thing to me. ⁷ The poor you will always have with you, [b] and you can help them any time you want. But you will not always have me. ⁸ She did what she could. She poured perfume on my body beforehand to prepare for my burial.” Mark 14:6-8. This extravagant offering reminds us that nothing is too precious to give to our Lord, who would soon pour out everything for us. **Do we have the attitude and heart of Mary of Bethany? Are we giving (present continuous) ourselves fully to our Lord and Saviour?**

Prayer Points:

1. Invite Jesus Christ into your life using some of your precious time in worship and surrender with the fellowship of the Holy Spirit.
2. Repent for the times we have given Jesus the least of our worship (time, skills, devotion, resources)
3. We mostly seek Jesus’ anointing in our lives, like Mary, spend some time and anoint Jesus Christ as your Lord and Saviour, with gratitude and devotion.
4. Pray that you will live a life fully surrendered and committed to God and His service, withholding nothing.
5. Pray that you will worship Him daily, in spirit and in truth.

Additional Scriptures:

2 Corinthians 1:21-22 | Isaiah 11:2 -3 | John 4:24

DAY 2

LAST SUPPER AND WASHING OF THE FEET

Scriptures: Matthew 26:26 -29 | John 13: 1- 5

Reflection: With the evening meal in progress and Jesus' last earthly meal with His beloved disciples, He invites His disciples (also us) to partake of His body and His blood. Pause and think - "What is your reaction to His invitation?" *"Take and eat; this is my body."* and *"Drink from it, all of you. ²⁸ This is my blood of the covenant, which is poured out for many for the forgiveness of sins."* Picture Jesus pouring water into a bowl/basin, kneeling, removing sandals, and gently washing the dirty feet. This was a task for a lowly servant - yet he has role modelled for us what it truly means to serve. The same hands cleaning the dirty feet will soon be pierced for the sins of the world. He became sin so that we are purged by His precious blood for our darkest sins - to His righteousness! **Today, as you immerse yourself in that context, what is your heart's response as Jesus invites you intimately and serves you in such a humble way?**

Prayer Points:

1. Pray that we respond humbly and wholly to Jesus' invitation to us, that we will choose Him daily.
2. Pray for your family members, friends, colleagues and neighbors who are yet to accept Jesus' invitation, that they will say yes to Jesus being Lord over their lives.
3. Pray that the message of Jesus's broken body and blood brings hope and life to all.
4. Pray that our Lord and Savior will teach us to serve humbly and practically where He has placed us, in our spheres of influence, for God's glory.
5. Pray for boldness to share the gospel with all people in every season.

Additional Scriptures:

John 14:6 | Romans 8:28 -29 | Psalms 136

DAY 3

THE GARDEN OF SORROW AND PRAYER

Scriptures: Luke 22:39-46 | Matthew 26:36-39

Reflection: The Garden of Gethsemane (which means - The Oil Press) became the setting for Jesus' most anguished prayers. Jesus is experiencing intense pressure - spiritually, emotionally and physically! Luke 22 reveals his sweat falling "like drops of blood" as he pleaded, "Father, if you are willing, take this cup from me; yet not my will, but yours be done." In his darkest hour, while His disciples slept nearby, Jesus demonstrated perfect submission to the Father's will—a model for us in our moments of trial. When sorrow is heavy, it has an isolating effect. It cuts you off from friends and family, unable to see further than what is right in front of you. No one understood the burdens he was carrying. No one except the Father. Yet Jesus committed to walk the journey the Father had marked out for Him; if not in joy, then in sheer obedience and submission to the one He loved. ***How do we approach moments of sorrow and grief?***

Prayer Points:

1. As Jesus poured out His heart in the Garden of Gethsemane, invite God into the "lows and sorrows" you are experiencing in life at this time. Pray that He would minister to you by His Spirit, His Word, and His People. Take time also to thank Him for the "highs" as well.
2. Pray that we will relinquish our will to God's will for us in all circumstances.
3. Pray for many Christians in Karura Community Chapel and nations across the world as they go through challenging times that God's presence is with them in their hour of need.
4. Pray for persecuted Christians around the world, asking for boldness, courage, and the provision of everything they need.
5. Pray that, through the help of the Holy Spirit, we will remain steadfast and fulfill our purpose and calling, even in difficult circumstances.

Additional Scriptures:

Isaiah 41:10 | Philippians 1: 4-6 | Philippians 1: 19-21 | 1 Peter 4:12 -16

DAY 4

THE CROSS OF OUR LORD AND SAVIOUR, JESUS CHRIST

Scripture: Matthew 27:32 - 54

Reflection: The gospels elaborate on the whole account of Jesus Christ's capture, trial, torture, and death. The chief priests and angry mob are baying for blood - His blood! Pilate is anxious and confused; only Jesus remains calm at the centre of this storm in His "Journey to the Cross". He does not respond to their accusations or insults! They prefer the release of Barabbas, whose name means "son of the father". Jesus started His salvation mission here and proceeded to die for all who accused, insulted, crucified, sneered at, and rejected Him. He died for you and I - for us! ***Do you realise the magnitude of Christ's suffering and death - and what it means to you personally? Are you aware of the work Jesus has begun in your life and your willingness to let Him take the lead?***

Prayer Points:

1. Raise a prayer of praise and gratitude to Our Lord and Saviour Jesus Christ for paying a great price (the ultimate price) for you - for us - unto death at the cross.
2. Pray that the message of the cross will be preached with power to all nations and cultures - pray that you will be part of that great commission for the Glory of God.
3. Pray that different (ailing and dead) situations in the lives of Christians will be raised to life as the gospel is preached and the veil of our eyes will be opened to seek Him in truth and Spirit.
4. Pray that when we are called upon, we will be willing to pay the price of following Jesus without reservations.
5. Pray that the Lord will help both you and me to forgive those who have wronged us, just as Jesus forgives us.

Additional Scriptures:

Matthew 11: 28-30 | 1 Corinthians 1:18 | Galatians 6:14 | Matthew 16:24 | Isaiah 53:3-5 | Matthew 27:11 - 60

DAY 5

OUR SAVIOUR HAS RISEN!

Scriptures: Matthew 28: 1-8 | Luke 24: 1- 8

Reflection: Jesus Christ is risen! This event has re-written our lives as we know them and history as recorded - it brought hope to a devastated group of believers and the world! From the role played by Joseph, seemingly insignificant, little or late to lay Jesus in the tomb, to Mary Magdalene who waited patiently at the tomb, the risen Christ honours His prophecy on the third day - for our sake He has risen! After the message of the angels, He appears and proclaims to the women, *"Do not be afraid. Go and tell my brothers to go to Galilee; there they will see me."* To the disciples, Jesus came and stood among them, proclaiming, *"Peace be with you!"*. In John 20:21-23, Jesus sends the disciples and breathes on them to receive the Holy Spirit. **Are you ready to look at, fellowship with, and experience the resurrected Christ and proclaim "He is risen!"?**

Prayer Points:

1. Pray that our Lord and Saviour Jesus Christ will open our hearts and eyes to recognise Him today in our encounters with others and in different situations.
2. Pray that we will speak boldly with the counsel of the Holy Spirit about our resurrected Saviour and proclaim the good news of the resurrected Christ with joy.
3. Pray that we will, as a fellowship, live as ambassadors of the Kingdom we represent whose King is Christ, and true to our vision to become Christlike disciples who are engaging the world!
4. Pray for all believers, that they may walk in confidence, knowing that Jesus Christ has granted them eternal victory in every area of their lives.
5. This Easter, commit to sharing the good news of the risen Savior with at least one person.

Additional Scriptures:

Isaiah 52:13 -15 | Isaiah 53: 10 -11 | Acts 13: 38 - 39 | Luke 23:50 -56 | John 20:1-31

NOTE: Please note that we will partake in the Lord's table during the corporate prayer meeting in the evening on this last day.